

# MICROAGGRESSION



## WEEK 4 READING SUGGESTIONS

*Examples of Racial  
Microaggressions*

*This Is the Right Way to  
Respond to Microaggressions  
at Work*

## WEEK 4 VIDEO (6:35)

*An Everyday Dimension  
of Racism:  
Why We Need to Understand  
Microaggressions*

## What is Microaggression?

A microaggression is a subtle behavior – verbal or non-verbal, conscious or unconscious – directed at a member of a marginalized group that has a derogatory, harmful effect. Chester Pierce, a psychiatrist at Harvard University, first introduced the term microaggression in the 1970s.

## HOW DO YOU



## RESPOND?

(4:34)